

Please review the following information to make sure you are a good candidate for micropigmentation and help you understand what to expect. We want to make sure you get great results, which also requires that you follow appropriate pre- and post-care instructions.

It is very important that you read ALL of the information in this document, sign it, and send it back to us. This confirms that you understand our policies. We cannot do your procedure without it. Thank you for your understanding.

Contraindications

You are not a candidate for tattooing if any of the following apply to you:

- Pregnancy
- Nursing
- Diabetes Type 1
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders: Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn,
- Active Vitiligo
- Blood Disorders: Sickle Cell, Hemophilia
- Keloid Formation
- Uncontrolled Mental Disorder
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)
- Active smoking (must refrain from all nicotine products for 6 weeks before and 6 weeks after)

Restrictions

- Retinol/Retin-A must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- Chemical peels and laser treatments to breast scars may not be done within 60 days before or after procedure.
- Sunburned or Suntanned skin is damaged skin and therefore will cause excessive bleeding.
- You cannot expose the area to the sun for 30 days before or after procedure.
- Do not schedule this procedure within two weeks prior to a water vacation.
- Stay out of steam rooms, saunas, hot yoga, swimming pool, etc. for two weeks following procedure.
- Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E 3 days prior to procedure unless medically necessary.

Preparing For Your Tattoo

- Tattoos are performed at least 3 months after your last surgery. Be sure that you are not considering any further revisions.
- Tattoos are performed at least 6 months after the completion of radiation.
- Please do not smoke for 6 weeks before and 6 weeks after the tattoo.
- It is important that you are not tanned- it is best to match skin tone that is not tanned.
- Exfoliate the breast area daily for 2 days prior to the procedure.
- Do not take Aspirin or Ibuprofen for 2 days prior to the procedure (consult your doctor if you take Aspirin for medical reasons).
- Minimize alcohol intake for 2 days prior to the procedure.
- Be aware that the Red Cross does not accept donation of blood for 1 year after a tattoo procedure.
- Plan your tattoo so you can avoid swimming for 2 weeks after the procedure

The Nipple/Areola Tattoo is a Multi-Session Process

The tattoo is incomplete until after a follow-up appointment, which must be scheduled approximately 6-8 weeks after your initial appointment. There is no additional charge for the follow-up appointment after your initial application as long as it is performed within three months of the initial application.

While your skin heals, be prepared for the color intensity of your procedure to be significantly sharper, brighter, or darker than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place. Two of three sessions may be required to achieve desired results.

OUR POLICIES ARE AS FOLLOWS:

CLIENT AND ONE GUEST IN THE PROCEDURE ROOM:

This is an exciting visit and we welcome one guest in the treatment room with you if you'd like! **Only one guest is permitted** as more people in the room compromises the cleanliness of the procedure and can be a distraction.

CHILDREN, TODDLERS AND BABIES.

Though we love children, toddlers and babies, we kindly ask that you do not bring them with you to your appointment. Thank you for your understanding.

CANCELLATION POLICY:

Tattooing is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you. **We require a \$100 deposit in order to reserve this time for your appointment.**

If you need to cancel for any reason, we require that you cancel at least 48 hours prior to the start of your appointment time so that we may be able to offer this time to another client.

If your appointment is canceled with less than 48 hours' notice (or in the case of a no-show), you will still be charged the full price of your scheduled service.

Follow-up appointments: There is no charge for the follow-up appointment to a new/initial procedure when it is done within 3 months of the initial procedure. However, in the case of a cancellation with less than 48 hours' notice or a no-show, the follow-up is considered forfeited and any following appointments will be charged as a touch-up appointment.

TARDINESS:

Please plan to **arrive for your tattoo 15 minutes prior to the start of your appointment.** You will need to complete a consent and medical intake form. We want to make sure you have time to make yourself comfortable before the start of your appointment.

If you are late it will compromise the amount of time Abbie has to spend on your procedure, which in turn compromises your results.

In the event that a client is more than 20 minutes late, the procedure may be canceled, and the full service fee will still apply, as we are not able to offer this time to another client.

RIGHT TO REFUSE TREATMENT:

Though it is extremely rare, we reserve the right to refuse treatment for the following reasons

- Undisclosed skin condition (including sunburn/suntan or significant radiation damage)
- Under the influence of drugs or alcohol
- Any behavior which might compromise Abbie’s ability to work safely and comfortably toward the desired results, or might disrupt other clients.

Tattooing is a process. Two or three sessions may be required to achieve the desired results.

It is not uncommon to lose up to 50% of the color after the first session.

You will be given detailed after-care instructions at the time of your procedure. Please call or email us with any other questions you may have.

I have been made aware of the contraindications and restrictions/limitations of the tattoo and agree with The PArlor Tattoos, LLC policies.

Printed Name of Patient

Signature of Patient

Date

